One Page Profile

Picture of the child or young person

What people like and admire about me:

- * often children or young people with a disability can be seen only in relation to the things that they need help or support with. This is not useful in celebrating them for who they are
- be specific and meaningful with what you like and admire about the child or young person
- never qualify things with "sometimes can be" - this is not celebrating the child or young person
- * stay positive. Any negatives can be dealt with under the support section

What's important to me:

- these are all the things that bring the child or young person good quality of life
- * they can be small or big things
- * often the small details bring the greatest quality of life, for example: I don't like Blackcurrant, I prefer Orange" is important information
- * can include:
 - people
 - places
 - hobbies and activities
 - possessions
 - likes and dislikes
- ★ parents and professionals do not have to agree with the child or young person - if something that is important to the young person is risky, it will be addressed in the "How best to support me" section".

How best to support me:

- recording how best to support the child or young person encourages a more consistent approach
- need to include the way the child or young person wants to be supported - this is about their preferences and based on things that work well for them (from their point of view)
- * this needs to include detail. For example write: "Hannah needs support to stay focused so sit next to her and ask her to look at you, when you have her attention help her to focus on her work again" instead of just "Hannah needs support to stay focused". This helps people who may not know the child or young person to be able to replicate the good support.



