

pinpoint Network Meeting – 10th March 2014 – Papworth

The meeting was held at the Daisy Children's Centre in Papworth and was attended by 9 parents and 8 providers.

It ran from 6.30pm until 9pm and had two sessions.

Session 1 Summary

The session focus was on the support parent carers need from pinpoint currently and in the future.

Questions

What are the biggest challenges facing you as a parent carer ?

- Dealing with child's anxiety
- Are elderly relatives able to cope with child
- Getting support
- Puberty
- Coping with child being judged by strangers
- Support in helping with my child's education at home
- Being able to hand my child over to someone else who understands all their needs
- Repeating the same information about my child to lots of different people
- Finding information
- Work/life balance
- Getting through to the right person
- Time
- Understanding and managing anger

What support would be helpful from pinpoint to help you overcome these challenges ?

- Sexual Health Training
- Anger management workshops – local and age specific
- Continued signposting
- Passport of needs similar to hospital passport
- Buddy system with other parents
- Peer support
- More local networks – rotate venues
- Getting Dads involved so they understand too
- Development of more on-line forums

Existing Services which were identified to meet Parents Needs

- Parent Partnership Workshops on relationships
- Website and facebook
- NAS passport system
- Anger Management Book – details to be put on the website

Actions Noted

- pinpoint to look at the Hospital passport and the NAS model to see if something generic can be made available to parents which could be accepted by different services eg transport/holiday schemes
- pinpoint to look at further development of on-line forums
- pinpoint to consider rotation of venues/timings for future meetings
- pinpoint to talk to Parent Partnership Service about the possibility of joint work on offering specific workshops to parents which are age appropriate
- pinpoint to consider ways to encourage more Dads to join the network

Session 2

8 service providers joined the session and worked in groups with parents looking at the implementation of the single plan in Cambridgeshire. The group work was led by the STAR Team and a report will be produced on this work.

Service providers and parents were facilitated to have some time to discuss individual issues.