

Laura

My story



“To gain a bit more independence was my main motivation to get a job really”

Laura

My name is Laura and I am 24 years old. I have dyscalculia, so I have problems handling money.

I attended the Papworth Trust Employability Programme. I liked the course, because it was something new to do and an experience I have never done before. I wanted to be able to pay my own rent. Instead of relying on my family to do it for me. To gain a bit more independence was my main motivation to get a job really.

My advisor and I worked on a CV together and using this I was able to get an interview at the Cambridge Marks and Spencer.

I went for the interview at the Marks and Spencer to try and gain a four week work placement. Following the interview I waited for the phone call and I was told I had a place on the course.

It felt really good, I am working in the café and the staff are really nice, I get on with all of them. They helped me to settle in and taught me the job, I asked questions and they were very happy to show me until I was able to do jobs on my own.

I have now secured paid employment with Marks and Spencer and this is my dream job. It's a step forward in my life and it has helped me to build up my confidence.

Supporting more people to say **i can**

To join or find out more, please contact us:

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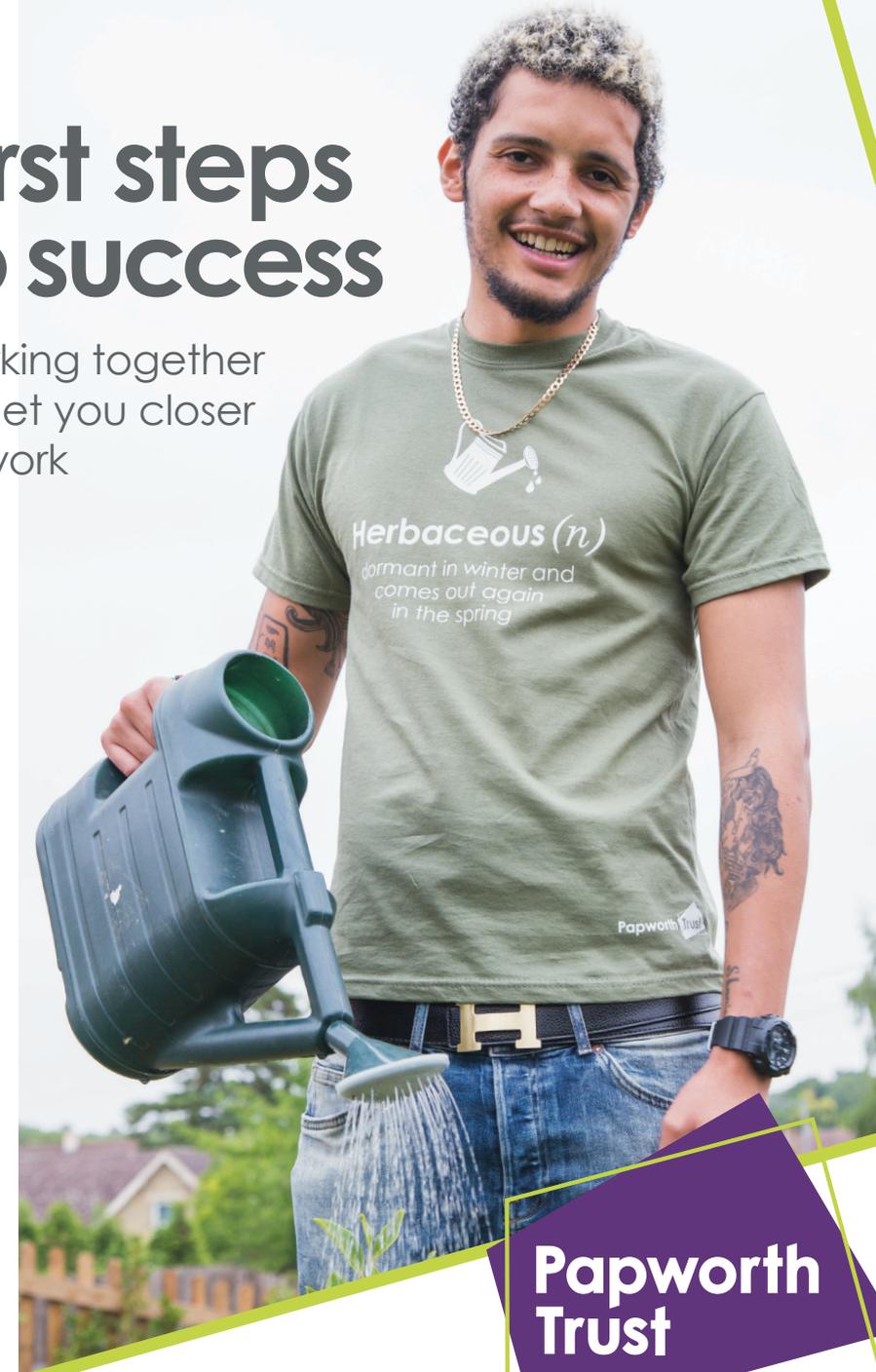


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First steps to success

Working together to get you closer to work



Papworth Trust

Papworth Trust is a disability charity that provides and support and advice for disabled people.

We have been providing employment services for almost 100 years. So we are experts in helping disabled people into work.

What you can expect

We will work with you for 20 weeks so that you gain the skills needed to get a job. We will provide you with weekly one to one support from an advisor who will get to know you and your likes and dislikes. They will talk to you about what you want to do, what you have done before and discuss any concerns you may have about working.



What we will do

We will:

- support you to choose a career
- understand what in your life may be stopping you from getting a job and help you to overcome this
- support you to write a CV
- help you search for the right job for you
- show you how to fill out a job application
- teach you some interview skills
- build your confidence so that you feel ready to apply for a job
- help you to show employers your skills, and
- make sure that you're ready for work.

What happens after the 20 weeks?

- We will help you into your choice of either paid employment, volunteering or work experience
- We will work with your new employer to help them to understand what you might need in your new job
- We will support you and your employer to make sure you are happy in your new job.

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