



**Cambridgeshire and Peterborough
Clinical Commissioning Group**

* Emotional Health and Well-Being

Beyond Child and Adolescent Mental Health
Services
CAMHs

* National Picture

* Future in mind Dept of Health/NHS England 2015

- * 1 in 10 children need support or treatment for mental health problem
- * 75% of mental health problems in adult life start by the age of 18
- * Early intervention avoids young people falling into crisis.

- * Significant gaps in what we know
- * Treatment gap
- * Difficulties in access
- * Complexity of current commissioning
- * Access to crisis, out of hours and liaison psychiatry
- * Issues in vulnerable groups

*** Complexity and severity
of the current
challenges**

- *9.6% or nearly 850,000 children aged 5-16 yrs have a mental disorder
- *7.7 % or nearly 340,000 children aged 5-10 yrs have a mental disorder
- *11.5% or about 510,000 young people aged 11-16 yrs have a mental disorder

* Conduct disorders - 5.8%

* 8,398

* Anxiety - 3.3%

* 4,778

* Depression - 0.9%

* 1,300

* Hyperkinetic disorder (severe ADHD) - 1.5%

2,172

*** Common mental health
issues in children and
young people**

- * CPFT have experienced a year on year increase in the demand for specialist CAMH on-call staff for self-harm assessments in the acute hospitals.
- * Commissioned voluntary and community sector organisations delivering mental health services also report an increase in self-harm and suicidal thoughts amongst young people.

* Cambridgeshire and Peterborough

- * Accepted referrals 287
- * 38 children and young people required urgent assessment.
- * Numbers waiting = 1076
- * ADHD 264
- * ASD 224

*** Actual figures for
April 2015**

- * Increased investment to change services
- * Non recurrent funding
- * Developing a Cambridgeshire wide strategy by Sept 2015
- * Transformation Programme

*** What are we doing?**



* Promoting resilience,
prevention and early
intervention

* How?