



EAST CAMBRIDGESHIRE CHILD AND FAMILY CENTRE

WHAT'S ON

June 2022

Welcome to our Child & Family Centres.
Our aim is to support you and your family as your children grow.

There is a small charge for some groups but please let us know if payment may be difficult.

Things you need to know...

Booking is essential for some of our sessions and spaces are limited.
Please call 01353 612770 or email childandfamilycentre.east@cambridgeshire.gov.uk

Charges

Some groups have a charge of £2 per family per session although families on a low income will be eligible for free entry. Please pay in cash on the day of the activity.

Charges for childminders - £2 per childminder and own family plus £1 for any minded child or £1 per childminder if not bringing own family members plus £1 for any minded child.

Addresses

Soham Child and Family Centre Weatheralls School Pratt Street Soham CB7 5BH	Ely Child and Family Centre Spring Meadow Infant and Nursery School High Barns Ely CB7 4RB
Littleport Child and Family Centre Littleport Community Primary School Parsons Lane Littleport CB6 1JT	



We are continuing to offer our Bookstart Programme to families who would like some strategies and free resources for introducing rhymes and stories to their little ones. It is aimed at children aged around 12 to 30 months old.

If you would like further information, or a Bookstart pack, please call 01353 612770, email childandfamilycentre.east@cambridgeshire.gov.uk or message us on Facebook.

The Child and Family Centre holds information about the families and individuals we support for the purposes of monitoring, evaluation and future planning of the Child and Family Centre's services as part of Cambridgeshire County Council. The information will be held in accordance with the General Data Protection Regulation (GDPR). Further information is available on the Cambridgeshire County Council's website www.cambridgeshire.gov.uk (search Privacy Notice).

Monday				
Midwife Clinic	Weekly	By appointment only. To make an appointment please call the central booking line on 01223 348981.	B	Ely and Littleport Child and Family Centres
Self-Weigh Appointments: Ely 9am-3.30pm Soham 9am-3.30pm Littleport 9am-3.30pm	Weekly	Self-weigh for babies/children up to the age of 5. By appointment only. Please call 01353 612770 to book.	B	Soham, Ely and Littleport Child and Family Centres
Baby Group Sensory Babies 10.30 – 11.30am	Weekly	Fun-filled sensory sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination and concentration. Please call 01353 612770 to book.	B £	Littleport Child and Family Centre
Baby Group Sensory Babies 10.30 -11.30am and 1.30 - 2.30pm	Weekly	Fun-filled sensory sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination and concentration. Please call 01353 612770 to book.	B £	Soham Child and Family Centre
Baby Group Sensory Babies 1.30 – 2.30pm	Weekly	Fun-filled sensory sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination and concentration. Please call 01353 612770 to book.	B £	Ely Child and Family Centre
Messy Play Babies 1.30 – 2.30pm	6 June	Messy play for babies 4 months + who are not yet walking. Dress for mess! Please call 01353 612770 to book.	B £	Littleport Child and Family Centre
Mini Movers 10.30 – 11.30am	6 June	For mobile babies, focusing on activities that encourage physical development. Please call 01353 612770 to book.	B £	Ely Child and Family Centre
Pop Up Stories and Crafts @ Ely Library 11am – 12noon	13 June	Join us for a fun session of stories and crafts based on the book <i>Guess How Much I Love You</i> by Sam McBratney. Suitable for children from 10 months. Please call 01353 612770 to book.	B	Ely Library

£ = Charge B = Booking Required R = Referral Only

Monday Continued				
Pop Up Stories and Crafts @ Burwell Library 10 – 11am	20 June	Join us for a fun session of stories and crafts based on <i>Each Peach Pear Plum</i> by Janet and Allan Ahlberg. Suitable for children from 10 months. Please call 01353 612770 to book.	B	Burwell Library

Tuesday				
Midwife Clinic	Weekly	By appointment only. To make an appointment please call the central booking line on 01223 348981.	B	Ely Child and Family Centre
Self-Weigh Appointments: Ely 10am-3.30pm Soham 10am-3.30pm Littleport 9am–3.30pm	Weekly	Self-weigh for babies/children up to the age of 5. By appointment only. Please call 01353 612770 to book.	B	Soham, Ely and Littleport Child and Family Centres
Stay and Play 10.00 – 11.30am	7, 14 and 21 June	Stay and Play for children aged from around 10 months or walking. With bouncy castle! Includes baby self-weigh facilities. Themes this month will include: <ul style="list-style-type: none"> • World Ocean Day/Finding Nemo • Father's Day/Special People • Harry and the Bucketful of Dinosaurs Please call 01353 612770 to book.	B £	Burwell Sports Centre
Virtual Bedtime Story Posted on Facebook at 6.30pm	Weekly	Join us for a video bedtime story read by a member of our team via our Facebook page each Tuesday evening.		Virtual on Facebook

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Tuesday Continued				
Breast and Infant Feeding Support Group 1.30 – 2.30pm	Weekly	NHS-led breast and infant feeding support group. For more information and to book a space please call St George's Surgery on 01353 864100.	R	Littleport Child and Family Centre
Pop Up Little Builders 10.30 – 11.30am	7 June	Join us for a fun session based around building and construction with different toys and materials. Working on your little one's fine and gross motor movements. Suitable for children from 10 months or walking. Please call 01353 612770 to book.	B £	Littleport Child and Family Centre
Mini Movers 1.30 – 2.30pm	14 June	For mobile babies, focusing on activities that encourage physical development. Please call 01353 612770 to book.	B £	Soham Child and Family Centre
Mini Movers 10.30 – 11.30am	21 June	For mobile babies, focusing on activities that encourage physical development. Please call 01353 612770 to book.	B £	Ely Child and Family Centre
Mini Movers 10.30 – 11.30am	28 June	For mobile babies, focusing on activities that encourage physical development. Please call 01353 612770 to book.	B £	Soham Child and Family Centre
Pop Up Stories and Crafts @ Soham Library PLUS Funded 2s Drop-in 1:30-3pm	21 June	Join us for a themed fun session of stories and crafts, based on the book <i>Paper Dolls</i> by Julia Donaldson. Suitable for children from 10 months. Please call 01353 612770 to book. Includes a 'Help with Funded 2s' drop-in for information about free childcare sessions for 2yr olds and how to apply.	B	Soham Library
Nature Walk The Gruffalo's Trail 1.30 – 2.30pm	28 June	Join us for a walk exploring Priory Wood in Burwell and help us search for The Gruffalo and his friends along the way. Suitable for 0-5s. Please call 01353 612770 to book.	B	Priory Wood, Burwell

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Wednesday				
Midwife Clinic	Weekly	By appointment only. To make an appointment please call the central booking line on 01223 348981.	B	Ely Child and Family Centre
Self-Weigh Appointments: Soham 9am-3.30pm Littleport 9am-2pm Ely 9am-3.30pm	Weekly	Self-weigh for babies/children up to the age of 5. By appointment only. Please call 01353 612770 to book.	B	Soham, Ely and Littleport Child and Family Centres
Baby Group Sensory Babies 10.30 – 11.30am	Weekly	Fun-filled sensory sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination and concentration. Please call 01353 612770 to book.	B £	Soham Child and Family Centre
Baby Group Sensory Babies 1.30 – 2.30pm	15, 22 and 29 June	Fun-filled sensory sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination and concentration. Please call 01353 612770 to book.	B £	Ely Child and Family Centre
Messy Play Babies 1.30 – 2.30pm	1 June	Messy play for babies 4 months + who are not yet walking. Dress for mess! Please call 01353 612770 to book.	B £	Soham Child and Family Centre
Pop Up Kings and Queens 10.30 – 11.30am	1 June	A special play session to celebrate the Queen's Platinum Jubilee. Join us for fun activities themed around kings and queens. Suitable for age 10 months +. Please call 01353 612770 to book.	B £	Littleport Child and Family Centre
Mini Chefs Queen of Hearts' Jam Tarts 2-3pm	1 June	A fun baking experience for both adults and children plus other fun activities. Come and bake a simple sweet treat to share with your family. Suitable for children from 2 to 8 years old. Please call 01353 612770 to book.	B £	Littleport Child and Family Centre

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Wednesday continued				
Pop Up Father's Day Special 10.30 – 11.30am	15 June	Bring along your dad or another special male grown up to play. Fun stay and play session suitable for children age roughly 10 months +. Please call 01353 612770 to book.	B £	Littleport Child and Family Centre
Messy Play Babies 10.30 – 11.30am	15 June	Messy play for babies 4 months + who are not yet walking. Dress for mess! Please call 01353 612770 to book.	B £	Ely Child and Family Centre
Rhyme Time at Soham Rec 1.30 – 2.30pm	29 June	Join us for a fun outdoor rhyme time at Soham Recreation Ground. Suitable for all ages. Please call 01353 612770	B	Soham Recreation Ground
Little Learners 10.30-11.30	22 and 29 June	Referral only via SEND Service.	R	Ely Child and Family Centre

Thursday				
Self-Weigh Appointments: Ely 9am-3.30pm Soham 9am–3.30pm	Weekly	Self-weigh for babies and children up to the age of 5. By appointment only. Please call 01353 612770 to book.	B	Ely Child and Soham Child and Family Centres
Midwife Clinic	Weekly	By appointment only. To make an appointment please call the central booking line on 01223 348981.	B	Ely Child and Family Centre
Shop it, Cook it! 10am – 12 noon	Starts 23 June for 6 weeks	FREE weekly family cooking sessions for families with children aged 2-5 years. Learn how to make cheap and nutritious meals together with your little ones. To book please call 01353 612770 .	B	Ely Child and Family Centre

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Thursday continued				
Stay and Play 10.30 – 11.30am	Weekly (except Bank Holiday 2 June)	Stay and Play for children aged from around 10 months or walking. Themes this month will include: <ul style="list-style-type: none"> • Road Safety Awareness • People who are special to us • Roartastic • Summer Please call 01353 612770 to book.	B £	Soham Child and Family Centre
Stay and Play 1.30 – 2.30pm	9 and 23 June	Stay and Play for children aged from around 10 months or walking. Themes this month will include: <ul style="list-style-type: none"> • Farm • People who help us • Healthy eating • Fairy tales Please call 01353 612770 to book.	B £	Ely Child and Family Centre
Stay and Play 10.30 – 11.30am	Weekly (except Bank Holiday 2 June)	Stay and Play for children aged from around 10 months or walking. With bouncy castle! Themes this month will include: <ul style="list-style-type: none"> • Sharing a Shell – for World Ocean Day • Father's Day • Summer time • Shapes Please call 01353 612770 to book.	B £	Littleport Leisure Centre
Buggy Walk – Ely Country Park 2-3pm	23 June	Join us for a walk exploring Ely Country Park and Ely Riverside and help us look for the signs of summer. Suitable for 0-5s. Please call 01353 612770 to book.	B	Ely Country Park

Friday				
Midwife Clinic	Weekly	By appointment only. To make an appointment please call the central booking line on 01223 348981.	B	Ely and Littleport Child and Family Centres
Self-Weigh Appointments from 9am - 3.30pm	Weekly	Self-weigh for babies/children up to the age of 5. By appointment only. Please call 01353 612770 to book.	B	Ely Child and Soham Child and Family Centres

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Friday continued				
Baby Group Sensory Babies 10.30 - 11.30am	Weekly (Except Bank Holiday 3 June)	Fun-filled sensory sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination and concentration. Please call 01353 612770 to book.	B £	Soham Child and Family Centre
Baby Group Sensory Babies 10.30 – 11.30am	Weekly (Except Bank Holiday 3 June)	Fun-filled sensory sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination and concentration. Please call 01353 612770 to book.	B £	Ely Child and Family Centre
Mini Movers 1:30 – 2:30pm	17 June	For mobile babies, focusing on activities that encourage physical development. Please call 01353 612770 to book.	B £	Ely Child and Family Centre
Wicken Fen Wander 1.30 – 2.30pm	10 and 24 June	Fun, book-themed activities, and exploration at the wonderful Wicken Fen nature reserve. Suitable for families with children of all ages. Dress for the weather including wellies. Book themes this month will include: <i>Sleepy Sam</i> by Michael Catchpool <i>Kitten's Day Out</i> by Stephen Cartwright. Please also note that there is open water, thistles and nettles in the area. Children will need to be closely supervised at all times. Please call 01353 612770 to book.	B	Wicken Fen Nature Reserve Please meet in Wicken Fen car park near the car park ticket machine at 1.15pm. This activity is free of charge but there is a £3 charge for the National Trust car park (unless you have National Trust membership).

Saturday				
Saturday Morning Group 10.30 – 11.30am	25 June	Stay and play for children with additional needs. Please call 01353 612770	B	Ely Child and Family Centre

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Cambridgeshire Child and Family Centre

Virtual Workshops

Toddler Outbursts workshop

A virtual session looking at why your toddler has outbursts and ways to manage them.

Wednesday 15 June 10.30 – 11.30 am

(Please call Oasis Child & Family Centre on 01945 428664 to book)

Bedtime Routine workshop

A virtual workshop exploring ways to establish good bedtime routines for children aged 2-8 years.

Wednesday 29 June 10.30 – 11.30 am

(Please call Oasis Child & Family Centre on 01945 428664 to book)

Our Opening Times

Ely Child and Family Centre	Littleport Child and Family Centre	Soham Child and Family Centre
<i>Monday to Friday 9am to 4pm</i>	<i>Monday and Tuesday 9am -4pm</i> <i>Wednesday 9am to 2.30pm</i>	<i>Monday to Friday 9am to 4pm</i>

Contact Us

Get In Touch	
Ely Child and Family Centre 01353 612770	Littleport Child and Family Centre 01353 612770
Soham Child and Family Centre 01353 612770	East Cambs District Early Help Team 01353 612800
Email us: childandfamilycentre.east@cambridgeshire.gov.uk	

If you would like to be kept up to date about our activities by email, please ask to join our mailing list.



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[@childandfamilycentre.east](https://www.instagram.com/childandfamilycentre.east)



Find us on YouTube
Cambridgeshire Child
and Family Centres



Find us on Facebook!
'Like' our page to stay
updated
East Cambs
Child and Family Centres

Charges

Some groups have a charge of £2 per family per session although families on a low income will be eligible for free entry. Please pay in cash on the day of the activity.

Charges for childminders - £2 per childminder and own family plus £1 for any minded child or £1 per childminder if not bringing own family members plus £1 for any minded child.

Are you concerned about the safety of a child?

If a child is at risk of harm, or you are concerned about the safety of a child, please call the Contact Centre on 0345 045 5203 between 8am and 6pm, Monday to Friday. If it is outside office hours or at the weekend, call the First Response and Emergency Duty Team on 01733 234724, or the police on 999.

Breastfeeding Support

Information on support available locally can be found by visiting:

www.facebook.com/CambridgeshireInfantFeeding

Support for Young People

Cambridgeshire residents can access a wide range of online information and support via the following websites:

Keep Your Head: A new young people's mental health website for young people and their parents/carers living in Peterborough and Cambridgeshire. The site is universally accessible and is a central point for finding good quality local and national information on keeping well, self-help, and support services covering a range of issues. www.keep-your-head.com



Download the free 50 Things To Do Before You're 5 app for a menu of exciting activities for families with young children.