

Cambridgeshire and Peterborough Situational Mutism Framework: August 2023

What should I do if I (or my child's school/setting) think my child may have situational mutism?

Discuss your concerns with your child's school/setting, involving the SENCo. Where concerns about situational mutism are shared, check the school are aware of this pathway, and then...

Parents and school/setting access online universal training, and implement advice for 6 weeks
<https://vimeo.com/641208457/deafc4a032>

Has there been satisfactory progress?

(improved social interactions and continuing verbal and non-verbal progress in a range of locations and with a range of people)

YES

SENCo review termly

NO

SENCo, teacher & parents to plan and implement a 'small steps' intervention based on these videos:

Local 1 hour talk: <https://vimeo.com/683714697/29799a2845>

Videos and notes on how to carry out a small steps plan:

<https://www.kentcht.nhs.uk/childrens-therapies-the-pod/speech-and-language-therapy/selective-mutism/>

If you have additional concerns about **neurodevelopmental difficulties:**

For **primary school age** children in **Cambridgeshire**, go to:
<https://bit.ly/commpaeds-howtorefer>

For (1) **primary school age** children in **Peterborough**, and (2) **secondary school age** children in either **Cambridgeshire and Peterborough**, go to:
bit.ly/camh-neurodev-referrals

(referrals must be made by a professional)

If you have additional concerns about **anxiety and/or any other mental health need**, go to:
www.cpft.nhs.uk/youunited

(referrals must be made by a professional)

If you have additional concerns about **speech & language development**, go to:
bit.ly/sltcamb-howtorefer