



**WISBECH
CHILD AND FAMILY CENTRE**

WHAT'S ON

May 2025

Welcome to our Child and Family Centres.

We aim to provide families of all abilities, identities and cultures with the support and information they need and to ensure our centres and zones are friendly and welcoming places for all.

There is a small charge for some groups, but please let us know if payment may be difficult.



Things you need to know...

Charging

Some groups have a charge of £2 per family, per session, although families on a low income will be eligible for free entry. Please pay in cash on the day.

Charges for childminders - £2 per childminder and own family plus £1 for any minded child or £1 per childminder if not bringing own family members plus £1 for any minded child.

Booking

Booking is essential for some sessions and spaces are limited.

Please call 01945 482989 or email childandfamilycentre.fenland@cambridgeshire.gov.uk

Privacy Notice

The Child and Family Centre holds information about the families and individuals we support for the purposes of monitoring, evaluation and future planning of the Child and Family Centre's services as part of Cambridgeshire County Council.

The information will be held in accordance with the General Data Protection Regulation (GDPR). Further information is available on the Cambridgeshire County Council's website www.cambridgeshire.gov.uk (search Privacy Notice).

**If you would like to be kept up to date about our activities by email,
please ask to join our mailing list.**

In May we will be thinking about

**Maternal Mental Health Awareness Week
(5th - 11th May)**

Mental Health Awareness Week (12th - 18th May)

Cultural Diversity Day (21st May)

**If you would like to celebrate something important to you
with other people who use our services please let us know.**



Monday				
Sensory SEND Group Drop In 9.30am to 11am	12 May	<p>A play session designed for children with emerging or diagnosed additional needs and disabilities. Sensory-rich resources and activities to encourage development. A chance for parents and carers to meet and chat in a supportive environment.</p> <p>Siblings welcome. Includes self-weigh facilities.</p>		Wisbech South Child and Family Centre
Sensory Babies 10am to 11.30am	12, 19 May	<p>Fun filled sensory sessions which help children to develop and improve their motor skills, co-ordination and concentration. Parents-to-be welcome. Includes self-weigh facilities.</p> <p>Suitable for pre-mobile babies.</p> <p>To book, please call 01945 482989.</p>	B £	Oasis Child and Family Centre
Toddler Playtime 10.30am to 12pm	12, 19 May	<p>A stay and play session for early walkers and beyond, who are ready to explore the world around them. Bring your own healthy snack.</p> <p>Suitable for mobile children aged up to 3 years.</p> <p>To book, please call 01945 482989.</p>	B £	Oasis Child and Family Centre
Young Parents 1pm to 2.30pm	12, 19 May	<p>A weekly drop-in session for parents aged up to 25 years old. Come and join us in a safe environment, have fun and play with your little one's while chatting together and meeting other young parents. No need to book as this is a drop-in session.</p>		Oasis Child and Family Centre

Tuesday				
Soft Play Fun 10am to 11am	6, 13, 20 May	Bring your child along to enjoy a soft play session at the Child and Family Centre. Suitable for children aged 0 to 5 years. To book, please call 01945 482989.	B £	Oasis Child and Family Centre
Read, Rhythm and Rhyme 10am to 11.30am	6, 13, 20 May	Join us as we sing along to some of our favourite nursery rhymes, create crafts whilst learning the alphabet and finish off with our favourite stories. Suitable for children aged 0-5 years. To book, please call 01945 482989.	B £	Wisbech South Child and Family Centre
Animal Encounters Day 10am to 11am or 11.15am to 12.15pm or 1pm to 2pm	27 May	Join us on our popular Animal Encounter Fun Day where you will be able to meet some of our reptile friends and enjoy some craft activities. Three session times available. Suitable for children up to the age of 10 years old. Bookings open 13 May. To book, please call 01945 482989.	B £	Oasis Child and Family Centre


Tuesday continued				
Sensory Babies 1pm to 2.30pm	6, 13, 20 May	Fun filled sensory sessions which help children to develop and improve their motor skills, co-ordination and concentration. Parents-to-be welcome. Includes self-weigh facilities. Suitable for pre-mobile babies. To book, please call 01945 482989.	B £	Wisbech South Child and Family Centre
Pathway to Parenting Meet and Greet 1pm to 2.30pm	13 May	A meet and greet session for parents who have attended Pathway to Parenting. To book, please call 01945 482989.	B	Oasis Child and Family Centre
Introducing Family Foods 1pm to 2.30pm	27 May	A workshop to find out more about how to introduce your baby to your family foods. To book, please call 01945 482989.	B	Wisbech South Child and Family Centre

Wednesday				
Maternal Vaccination Clinic	14, 28 May	<p>A vaccination clinic run by the NHS for expectant mothers and under 5's. Vaccinations include RSV, Whooping Cough, MMR and BCG.</p> <p>For more information or to book an appointment please call 0300 555 5055.</p>		Wisbech South Child and Family Centre
Toddler Playtime 9.30am to 11am	7, 14, 21, 28 May	<p>A stay and play session for early walkers and beyond, who are ready to explore the world around them. Bring your own healthy snack. Suitable for mobile children aged up to 3 years.</p> <p>To book, please call 01945 482989.</p>	B £	Oasis Child and Family Centre
Parental Mental Health Coffee Morning 10am to 11.30am	7 May	<p>We are offering free resources to support maternal mental health and an opportunity to chat with professionals in the community. Bookable event including baby play activities.</p> <p>To book, please call 01945 482989.</p>	B	Oasis Child and Family Centre
Sensory Babies 10am to 11.30am	14, 21, 28 May	<p>Fun filled sensory sessions which help children to develop and improve their motor skills, co-ordination and concentration. Parents-to-be welcome. Includes self-weigh facilities. Suitable for pre-mobile babies.</p> <p>To book, please call 01945 482989.</p>	B £	Oasis Child and Family Centre




Wednesday continued				
Stay and Play 10am to 11.30am	7, 14, 21, 28 May	A stay and play session for children aged 0 to 5 years. To book, please call 01945 482989.	B £	Wisbech South Child and Family Centre
First Steps Storytime & Craft Club 10.30am to 11.30am	7, 14, 21 May	Storytime and themed craft session suitable for children aged 0 to 5 years.		Wisbech Library Ely Place Wisbech PE13 1EU
Drop in Weighing Clinic 12pm to 2pm	7, 14, 21, 28 May	An opportunity to come along, see the health visitors and get your baby weighed. Please arrive before 1.45pm to be seen by the health visiting team. Baby play and self-weigh also available in the room next door. Clothes bank available. No need to book.		Oasis Child and Family Centre
Let's get Gardening 1pm to 2.30pm	7, 14, 21, 28 May	Join us in the garden where you and your child can enjoy planting and learn how to grow your own food, plants and flowers alongside fun play activities focused on gardening and the outdoors. Suitable for children 2-5 years, younger siblings welcome. 28 May – suitable for children 0-8 years. To book, please call 01945 482989.	B £	Wisbech South Child and Family Centre

Wednesday continued				
Pathway to Parenting 3pm to 5pm	7, 14, 21, 28 May	Pathway to Parenting is a face-to-face interactive programme, covering lots of topics to help you prepare for birth and parenthood. Suitable for parents from 20 weeks gestation. To book, please call 01945 482989.	B	Oasis Child and Family Centre

Thursday				
Peckover Garden Forest Fun 9.30am to 10.30am	1, 8, 15, 22, 29 May	<p>Calling all nature lovers! Using the principles of 'forest school' join us for a morning of discovery, adventure, and fun in the magnificent garden in the centre of our town!</p> <p>Wear appropriate clothing for this outdoors session. Meet us inside the gates at the front of Peckover House.</p> <p>Please allow time to park and be at the Peckover House gate for 9.30am.</p> <p>Suitable for children aged 0 to 5 years.</p> <p>To book, please call 01945 482989.</p>	B	Peckover House North Brink Wisbech PE13 1JR
Little Learners 9.30am to 10.30am	1, 8, 15, 22 May	<p>Specialist group run by the Early Support Team for children with SEND. Invite only.</p>	R	Oasis Child and Family Centre
Little Explorers' Fun 10am to 11.30am	1, 15, 22 May	<p>A stay and play session suitable for children aged from 10 months or walking.</p> <p>1 May – session will be at the Wisbech Museum.</p> <p>To book, please call 01945 482989.</p>	B £	Oasis Child and Family Centre

Thursday continued				
VE Day Celebration 10am to 11.30am	8 May	Join us to mark this special day with a VE Day Celebration session. Suitable for children aged 10 months or walking up to 5 years. Young siblings welcome. To book, please call 01945 482989.	B £	Oasis Child and Family Centre
Stay and Play: 50 Things 11am to 12.30pm 	1, 8, 15, 22, 29 May	A stay and play session suitable for children aged 0 to 5 years. Activities based on the 50 Things To Do Before You're Five app. To book, please call 01945 482989.	B £	Salvation Army Hall, John Thompson Road, Wisbech, PE13 2NF
NICU Drop In 12.30pm to 2pm	1 May	A drop in open to families whose babies were on NICU. For babies up to one year. No need to book.	R	Oasis Child and Family Centre

Friday

Five to Thrive Friday 	Weekly	<p>‘The things you do every day that help your child’s growing brain’.</p> <p>We will be sharing activity ideas to help you use <i>Five to Thrive</i> in your everyday routine with your baby. The ideas are very simple and can be recreated using items you probably already have around the house.</p>		<p>Facebook post:</p>  
Messy Babies 10am to 11am	2, 9, 16, 23, 30 May	<p>Baby safe messy play suitable for pre mobile babies from around 4 months old. Dress for mess.</p> <p>To book, please call 01945 482989.</p>	B £	Oasis Child and Family Centre
Messy Play 10am to 11am	2, 9, 16, 23, 30 May	<p>A fun messy play session, suitable for children 6 months to 5 years. Dress for mess.</p> <p>To book, please call 01945 482989.</p>	B £	Wisbech South Child and Family Centre
Wellbeing Buggy Walks 10am to 11am	9, 23 May	<p>Join us for a wellbeing buggy walk around Wisbech, starting from Wisbech South Child and Family Centre.</p> <p>Suitable for babies and toddlers in carriers, prams, and buggies.</p> <p>To book, please call 01945 482989.</p>	B	Wisbech South Child and Family Centre

Saturday				
Something on a Saturday 10am to 11.30am	10 May	A stay and play session for parents who are unable to attend weekday groups. Suitable for children aged 0 to 8 years. To book, please call 01945 482989.	B £	Oasis Child and Family Centre

Have Your Say about
Cambridgeshire Child and Family
Centre Services





PARENTAL MENTAL HEALTH COFFEE MORNING



**Wednesday
7 May
10am to 11.30am**
**Oasis
Child & Family Centre**
St Michaels Avenue
Wisbech PE13 3NR



We are offering free resources to support maternal mental health and an opportunity to chat with professionals in the community.

Bookable event including baby play activities.

To book, please call
01945 482989.



WELLBEING BUGGY WALK



Join us for a wellbeing buggy walk around Wisbech. Suitable for babies and toddlers in carriers, prams, and buggies.

Starting from Wisbech South Child and Family Centre
Elizabeth Terrace, Wisbech PE13 2AQ






FRIDAYS
9 & 23 May
10am to 11am



01945 482989

CHILDANDFAMILYCENTRE.FENLAND@CAMBRIDGESHIRE.GOV.UK



	<p>We offer our Bookstart programme to those families whose children may need support developing their communication skills. If you are interested, please contact childandfamilycentre.fenland@cambridgeshire.gov.uk for a chat with one of our staff.</p>
	<p>'50 Things to Do Before You're Five seeks to help every child reach important health, learning, and wellbeing milestones.'</p> <p>We will be sharing activity ideas throughout our sessions from the <i>50 Things to Do app</i> you can use in your everyday routine with your children. The ideas are very simple and require low or no cost.</p>
	<p>Five to Thrive 'The things you do every day that help your child's growing brain'.</p> <p>We will be sharing activity ideas to help you use <i>Five to Thrive</i> in your everyday routine with your baby. The ideas are very simple and can be recreated using items you probably already have around the house!</p>
<p>Breastfeeding Support</p>	<p>Information on support available locally can be found by visiting: www.facebook.com/CambridgeshireInfantFeeding</p>
<p>Are you concerned about the safety of a child?</p>	<p>If a child is at risk of harm, or you are concerned about the safety of a child, please call the Contact Centre on 0345 045 5203 between 8am and 6pm, Monday to Friday. If it is outside office hours or at the weekend, call the First Response and Emergency Duty Team on 01733 234724, or the police on 999.</p>
<p>Support for Young People</p>	<p>Keep Your Head: A young people's mental health website for young people and their parents/carers living in Peterborough and Cambridgeshire. The site is universally accessible and is a central point for finding good quality local and national information on keeping well, self-help, and support services covering a range of issues. www.keep-your-head.com</p>

Opening Times

Oasis Child and Family Centre	Wisbech South Child and Family Centre
Monday to Friday 9am to 4pm <i>Booking for sessions will be taken after 9.30am each day.</i>	Monday 9am to 12pm Tuesday to Friday 9am to 4pm <i>Booking for sessions will be taken after 9.30am each day.</i>

Contact Us

Get in Touch
Call us: 01945 482989
Email us: childandfamilycentre.fenland@cambridgeshire.gov.uk

Location Addresses	
Oasis Child and Family Centre St Michaels Avenue Wisbech PE13 3NR	Wisbech South Child and Family Centre Elizabeth Terrace Wisbech PE13 2AQ



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and Family Centres



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